# ardo day spa

# SPO POCKOGES

The Glow 90 min

\$235

30 min Full body exfoliation | 60 min Relaxation massage

The Bliss \$245

1hr 30min

45 min Relaxation massage | 45 min Facial flash hydratant

The Clarity \$280

1hr 45min

60 min Relaxation massage | 45 min Facial flash hydratant

The Splendour \$310

2hr

60 min Relaxation massage | 60 min Facial éclat essentiel

The Radiance \$375

2hr 25min

30 min Full body exfoliation | 45 min Relaxation massage | 60 min Facial éclat essentiel with Acti-lift eye patches

The Revival \$405

2hr 30min

30 min Full body exfoliation | 60 min Relaxation massage | 60 min Facial éclat essential

The Renewal \$455

2hr 30min

30 min Full body exfoliation | 60 min Hot stone massage | 60 min Facial éclat essentiel with Acti-lift eye patches

The Ardo Experience

\$635

30 min Full body exfoliation | 45 min Body wrap | 90 min Relaxation massage | 60 min Facial éclat essentiel | 15 min light snack

Bookings: Call 07 4722 2286

Open 7 Days

Monday to Friday 10am – 7pm Saturday & Sunday 9am – 6pm Closed public holidays

# TREOTMENTS

#### **FACIALS**

Medik8 Advanced Skincare Biotechnology
For ageing, blemishes, redness, pore refining, pigmentation

#### Medik8 Facials

La Petite Professional Grade Facial (45min)	\$150
Professional Grade Facial (60min)	\$180

Add on:

Recovery or Skin-ageing mask \$40

#### Medik8 Peels

Superfacial Professional Grade Peel (30min) \$140

## Payot Paris

Spa Facial	
Hydrating (45min)	\$140
Radiance (60min)	\$180
Cleansing (60min)	\$180
Lifting (60min)	\$210
Add on: Collagen eye patches	\$40
Spa Body Treatment	
Full body exfoliation (30min)	\$95
Body Wrap (45min)	\$140

## **MASSAGE**

Therapeutic Massage\*

Remedial, deep tissue, sport, reflexology, lymphatic drainage

30 minute	\$90
45 minute	\$130
60 minute	\$160
75 minute	\$190
90 minute	\$230

Relaxation Massage	
30 minute	\$80
45 minute	\$120
60 minute	\$150
75 minute	\$180
90 minute	\$220

Hot Stones Massage	
60 minute	\$170
75 minute	\$200
90 minute	\$240

## Pregnancy Massage\*

60 minuta	@17A
60 minute	\$170

Early or late pregnancy pillow available

<sup>\*</sup>Health fund rebate claimable