SPO POCKOGES

The Glow

90 min \$255

30 min Full body exfoliation | 60 min Relaxation massage

The Bliss \$265

1hr 30min

45 min Relaxation massage | 45 min Facial flash hydratant

The Clarity \$300

1hr 45min

60 min Relaxation massage | 45 min Facial flash hydratant

The Splendour \$340

2hr

60 min Relaxation massage | 60 min Radiance Facial

The Radiance \$395

2hr 25min

30 min Full body exfoliation | 45 min Relaxation massage |

60 min Radiance Facial with Acti-lift eye patches

The Revival \$425

2hr 30min

30 min Full body exfoliation | 60 min Relaxation massage |

60 min Radiance Facial

The Renewal \$475

2hr 30min

30 min Full body exfoliation | 60 min Hot stone massage |

60 min Radiance Facial with collagen eye patches

The Ardo Experience

φου

4 nr

30 min Full body exfoliation | 45 min Body wrap | 90 min Relaxation massage | 60 min Radiance Facial | 15 min light snack from Ardo Rooftop



Bookings 07 4722 2286 spa@ardohotel.au

Open 7 Days

Monday to Friday 10am - 7pm

Saturday & Sunday 9am - 6pm

Closed public holidays

*Health fund rebate claimable

Prices subject to change



Massages

Therapeutic Massage*

Remedial, deep tissue, sport, reflexology, lymphatic

drainage

30 minute \$100 45 minute \$140 60 minute \$170

75 minute \$200 90 minute \$240

Relaxation Massage

 30 minute
 \$90

 45 minute
 \$130

 60 minute
 \$160

 75 minute
 \$190

\$230

\$60

Hot Stones Massage

90 minute

60 minute \$180 75 minute \$210 90 minute \$250

Pregnancy Massage*

60 minute \$180

Early or late pregnancy pillow available

FOCIOLS

Medik8 Advanced Skincare Biotechnology

For ageing, blemishes, redness, pore refining, pigmentation

Medik8 Facial

La Petite Professional Grade Facial (45min) \$180 Professional Grade Facial (60min) \$210

Medik8 Peel

Superfacial Professional Grade Peel (30min) \$160

Payot Paris

Spa Facial

 Hydrating (45min)
 \$170

 Radiance (60min)
 \$210

 Cleansing (60min)
 \$240

Add on:

Collagen eye patches

Spa Body Treatment

Full body exfoliation (30min) \$125 Body Wrap (45min) \$170